



YPSI MIX

NOVEMBER 2017

November Events

312 N. River Street, Ypsilanti, MI 48198

734.483.1520

Friday November 3rd
First Friday with Steve Somers and Friends, YYO, and WCC at the Freight House. 6-9pm

Tuesday November 7th
Board Meeting 6:30pm at YFC

Saturday November 11th
Eggnog Tasting at YFC
11 am to 3 pm

Saturday November 18th
Holiday Specialty Tasting
11 am to 3 pm

Thanksgiving Day store hours. We will be open 9am-3pm.

YFC Social:



Happy Thanksgiving

Happy Thanksgiving to you and yours! It's hard to believe it's this time of year again, and YFC is ready to meet your holiday needs with affordable, and essential Thanksgiving Dinner ingredients. This month's Co-Op Deals Flyer is filled with plenty of healthy, great deals! These deals help make it possible to have your local grocery store your one stop shop for Thanksgiving- saving you the hassle of long lines and chaos at other larger stores.



Look for our Deli and Bakery holiday flier, available at the register, to begin placing your Thanksgiving Dinner

orders. There are a variety of appetizers, entrees, and sides available to order from the YFC Deli. There are also options for prepared vegan dishes. Don't forget to grab your artisan sour dough breads, a loaf of cranberry sage bread, rolls, croutons, and even stuffing! And of course no Thanksgiving dinner is complete without the much anticipated dessert course! Our YFC Bakery has a variety of Michigan fruit pies, pumpkin pies, cake, and cheese cake for the perfect artisan dessert! This includes delicious vegan pie, and cake options! During this time of thankfulness YFC would like to extend our thanks to everyone!

YFC Membership Deal Continues

YFC is excited to continue our annual October Co-Op Month Membership Drive into November!

For all of November it is only \$20 to become a new member or \$10 to renew for the remainder of the year. You will get a new member goodie bag, and start receiving your discount right away.

We currently have over 900 active members with YFC. These members are our regular shoppers,

volunteers, staff members, community members and more!

We are excited to have you become a member-owner and to reach even more Ypsilantians! Get your member application today at the register by asking a cashier coordinator to help you become a member at YFC!

We are excited to welcome all our new members to YFC!

**Join or Renew
your membership**

Food Access through Double Up Food Bucks

This month marks the beginning of the holiday season...and the giving season. As we begin this time of the year an important question to ponder is "If you are really thankful, what do you do? You share." by W. Clement Stone. Many of us are thankful for our ability to have consistent access to nutritious food.

Food access is a growing concern in the U.S., especially in areas associated with higher poverty levels. Here in Ypsilanti, 1 in 3 people are either just at or below the federal poverty line. Therefore,

YFC made it a priority to help increase food access for our community. We recently were approved to participate in double up food bucks to help meet our goal of increasing food access. Double up food bucks is a program through EBT/SNAP which allows customers to earn double food dollars on ANY fresh produce. These can then be redeemed for ANY fresh produce on another purchase.

If you are an EBT customer and are not already a part of DUFB at YFC, ask our cashier coordinators about

getting involved.

During this time of giving we encourage you to look into various food banks, and nonprofits that are working tirelessly in combating food insecurity and food access issues locally and globally.



Local Vendor Highlight: Garno Farms



Thinking about where to get your Thanksgiving turkey? YFC has the perfect answer for you...Garno Farms Turkeys!

The Garno Farm is a family business near Adrian, Michigan owned by Ken and Bev Garno. They

began their farm in the 1960's by raising field corn. For the past 30 years their farm has produced turkeys, chicken, chicken and duck eggs; all of which are available here at YFC.

How is Garno Farms different than other farms?

They are fed high quality diets which customers have said really makes a difference in the taste of the bird. This is a combination of whole grains, fresh and dried vegetables and greens, and herbal supplements.

They maintain these high standards of natural care by raising their birds hormone and antibiotic free. Their birds are kept in a large pen with plenty of room to roam and shelter

from bad weather.

How can you get their Thanksgiving turkeys?

Place a pre-order for your fresh Garno Farms Thanksgiving Turkey with a cashier coordinator at the register.

These turkeys are delivered fresh and have never been frozen. When placing your order indicate the weight you are looking for and if you would like a half or whole turkey.

Orders must be placed by noon on Monday 11/20/2017.
Orders must be picked up by close of business (3pm) on Thursday 11/23/2017.

General Manager

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Special Thanks to:

Our Board and all the staff, volunteers and members